

Discretionary Expense Worksheet

A discretionary expense is anything you regularly spend money on each month, but it doesn't count as a necessity. This is the category of expenses you should look to first when you want to free up more money in your monthly budget.

Expense	Current Monthly Payment	Spending Goal/ Limit
Dining out	\$	\$
Recreation activities	\$	\$
Movies / theater	\$	\$
Concerts / sporting events	\$	\$
Magazine / newspaper	\$	\$
Salon visits	\$	\$
Fitness / gym membership	\$	\$
Hobbies	\$	\$
Clubs / team fees	\$	\$
Fundraisers / charity / tithes	\$	\$
Other	\$	\$
TOTAL DISCRETIONARY EXPENSES	\$	\$